



## **NEWS RELEASE**

**For immediate release**

**September 2004**

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### **International Society on Hypertension in Blacks, Inc. (ISHIB) elects Board of Trustees**

*Atlanta Headquartered Medical Society Elects New Members to the Board of Trustees*

Atlanta, GA, September 2004 – International Society on Hypertension in Blacks, Inc (ISHIB) a unique, not-for-profit, professional medical society that developed the first ever guidelines for treating hypertension in African Americans, elects new members to the Board of Trustees this summer. Newly elected officers were Dr. Charles L. Curry, MD, FACC (Howard University College of Medicine professor) as President and Shawna D. Nesbitt, MD, MS (Assistant Professor at University of Texas Southwestern Medical Center at Dallas) as Secretary/Treasurer.

ISHIB Board also elected 3 new Trustees: Clarence E. Grim, MD, Medical College of Wisconsin; Sandra A. Harris-Hooker, PhD, Morehouse School of Medicine; and Keith C. Norris, MD, Charles R. Drew University of Medicine & Science. Janice G. Douglas, MD, CWRU School of Medicine will complete another term as Vice President.

“Our officers and trustees will work to continue to provide members with quality programs and tools to assist healthcare professionals provide excellent care to patients. These individuals have shown leadership within the organization at various levels and we anticipate their future work with the organization,” affirms Christopher T. Fitzpatrick, Chief Executive Officer.

In 2003, ISHIB developed the first ever guidelines for treatment in African Americans. Published in the *Archives of Internal Medicine*, March 10, 2003 the recommendations urge health care providers to manage high blood pressure in African Americans in three new ways: Combination therapy, lower blood pressure target of 130/80 mmhg and African Americans with diabetes should receive medications (such as ACE Inhibitors or ARB's) as a part of their combination of medications that will slow the progression of kidney disease. ISHIB continues to address the challenges of cardiovascular disease in ethnic populations through annual interdisciplinary conference, regional continuing education programs, and community events.

For more Information visit: [www.ishib.org](http://www.ishib.org)

ISHIB is a unique, professional, medical organization providing education, advocacy, and research on high blood pressure and related risk factors in ethnic populations. ISHIB was founded in Atlanta, Georgia in 1986 to respond to the problem of high blood pressure among ethnic groups. Today its organizational scope includes diabetes, stroke, lipid disorders, renal disease, and other health disparities as they affect all ethnic populations. Each year, its international interdisciplinary conference presents advancements in the treatment and prevention of diseases related to hypertension. In addition to US conference locations, other sites for the conference have included Toronto, London, the US Virgin Islands, Kenya, Cameroon, and Brazil.

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